

# Proclamation

WHEREAS, an estimated 54 million Americans have osteoporosis or low bone mass, and studies suggest that approximately 1 in 2 women and up to 1 in 4 men age 50 and older will break a bone due to osteoporosis; and WHEREAS, approximately 1.8 million Medicare beneficiaries suffered approximately 2.1 million osteoporotic fractures a year and osteoporosis-related bone fractures are responsible for more hospitalizations than heart attacks, strokes, or breast cancer; and

WHEREAS, osteoporosis and the broken bones it can cause are not part of normal aging; building strong bones begins in childhood and is essential to the prevention of osteoporosis care; and

WHEREAS, optimum bone health and prevention of osteoporosis can be maximized by a balanced diet rich in calcium and vitamin D, weight-bearing and muscle-strengthening exercise, and a healthy lifestyle with no smoking or excessive alcohol intake; and

WHEREAS, osteoporosis is often called a silent disease because those affected cannot feel their bones weakening; breaking a bone is often the first sign of osteoporosis; and

WHEREAS, timely bone health screening, diagnosis, and treatment can help prevent fractures leading to hospitalization and nursing home stays; and

WHEREAS, it is crucial that we raise awareness about bone health and osteoporosis among the public, health professionals, and, policymakers.

NOW, THEREFORE, I, Katie Hobbs, Governor of the State of Arizona, do hereby proclaim May 2025, as

### OSTEOPOROSIS AWARENESS AND PREVENTION MONTH IN ARIZONA

IN WITNESS WHEREOF, I have hereunto set my hand and caused

to be affixed the Great Seal of the State of Arizona

GOVERNOR

DONE at the Capitol in Phoenix on this twenty-fourth day of March in the year Two Thousand and Twenty-Five and of the Independence of the United States of America the Two Hundred and Forty-Ninth.

ATTEST:

SECRETARY OF STATE



## STATE OF ARIZONA OFFICE OF THE GOVERNOR

KATIE HOBBS GOVERNOR **EXECUTIVE OFFICE** 

#### Terms and Conditions

Enclosed is a proclamation signed by the Governor of the State of Arizona. This proclamation is a formal recognition made by the Governor and is provided pursuant to a request from an Arizona resident or approved non-profit organization. It is strictly honorary and designed to recognize notable state and local events.

Because this proclamation, as with all others, is given on a case-by-case basis, and is usually used to recognize a special event, non-profit organization, and/or regional or national meetings held in Arizona, its only authorized use is in conjunction with the event for which it was given. This authorization extends to your right to read the proclamation aloud at the event, display the proclamation at the event and print it in materials associated with the event (i.e. event programs). You may not otherwise republish the proclamation unless explicit written consent is granted from the Governor's Office.

Because the Governor's Office receives many requests for proclamations and relies, in large part, on information submitted along with the request to complete the proclamation, you should not interpret the issuance of the proclamation as a sponsorship or endorsement of your organization, its activities or its membership, and you are prohibited from representing otherwise.

If you have any questions or concerns regarding your intended use of this proclamation, please contact the Governor's Office of Constituent Engagement through email at proclamations@az.gov.





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