



By His Excellency Ned Lamont, Governor: an
Official Statement

*W*HEREAS, an estimated 54 million Americans have osteoporosis or low bone mass, and studies suggest that approximately 1 in 2 women and up to 1 in 4 men aged 50 and older will break a bone due to osteoporosis; and

*W*HEREAS, in Connecticut over 22,000 Medicare beneficiaries suffered over 26,700 osteoporotic fractures in 2016; and

*W*HEREAS, an estimated 3,700 Nutmeggers on Medicare suffered not just an initial fracture but also a subsequent fracture resulting in estimated costs of over \$85.8 million; and

*W*HEREAS, osteoporosis is often called a silent disease because one can't feel bones weakening. Breaking a bone is often the first sign of osteoporosis; now

*T*HEREFORE, I, Ned Lamont, Governor of the State of Connecticut, do hereby officially proclaim May 2024 as

OSTEOPOROSIS AWARENESS MONTH
in the State of Connecticut.

and encourage observation of appropriate good health programs and activities with respect to promoting good bone health through the lifetime and preventing and controlling osteoporosis.




GOVERNOR