



**STATE OF NORTH CAROLINA
OFFICE OF THE GOVERNOR**

JOSH STEIN
GOVERNOR

May 1, 2025

Ann Marchetti
204 Grassy Point Rd
Apex, NC 27502

Dear Bone Health and Osteoporosis Foundation,

I am writing to acknowledge May as Osteoporosis Awareness and Prevention Month. This month is dedicated to spreading awareness and knowledge about osteoporosis, or low bone mass, which affects an estimated 54 million Americans.

Osteoporosis is often called a silent disease because people can't feel their bones weakening. Instead, breaking a bone is often the first sign of osteoporosis. Timely bone health screening, diagnosis, and treatment can help prevent fractures that would lead to hospitalization and nursing home stays.

I commend the team at the Bone Health and Osteoporosis Foundation for encouraging the observation of health programs and activities with respect that promote a lifetime of good bone health and prevent osteoporosis.

This May, I ask all North Carolinians to join me in recognizing Osteoporosis Awareness and Prevention Month. May we take this opportunity to educate ourselves and offer support to those affected by osteoporosis.

Sincerely,

A handwritten signature in black ink that reads "Josh Stein".

Josh Stein
Governor