



**STATE OF NORTH CAROLINA  
OFFICE OF THE GOVERNOR**

**JOSH STEIN  
GOVERNOR**

May 1, 2026

Ann Marchetti  
204 Grassy Point Road  
Apex, NC 27502

Dear Bone Health and Osteoporosis Foundation,

I am writing to acknowledge May as Osteoporosis Awareness and Prevention Month. This month is dedicated to spreading awareness and knowledge about osteoporosis, or low bone mass, which affects an estimated 54 million Americans.

Osteoporosis is often called a silent disease because people cannot feel their bones weakening. Instead, breaking a bone is often the first sign of osteoporosis. Timely bone health screening, diagnosis, and treatment can help prevent fractures that would lead to hospitalization and nursing home stays.

I commend the team at the Bone Health and Osteoporosis Foundation for encouraging the observation of health programs and activities that promote a lifetime of good bone health and prevent osteoporosis.

This May, I ask all North Carolinians to join me in recognizing Osteoporosis Awareness and Prevention Month. May we take this opportunity to educate ourselves and offer support to those affected by osteoporosis.

Sincerely,

A handwritten signature in black ink that reads "Josh Stein". The signature is written in a cursive style with a large initial "J" and a long, sweeping underline.

Josh Stein  
Governor