

STATE OF KANSAS



PROCLAMATION
BY THE
GOVERNOR

TO THE PEOPLE OF KANSAS, GREETINGS:

WHEREAS, an estimated 54 million Americans have osteoporosis or low bone mass, and studies suggest that approximately 1 in 2 women and up to 1 in 4 men aged 50 and older will break a bone due to osteoporosis; and

WHEREAS, approximately 1.8 million Medicare beneficiaries suffered approximately 2.1 million osteoporotic fractures a year and osteoporosis-related bone fractures are responsible for more hospitalizations than heart attacks, strokes, or breast cancer; and

WHEREAS, the total annual cost for osteoporotic fractures among Medicare beneficiaries was \$57 billion in 2018 and is expected to grow to over \$95 billion in 2040 without reforms, as the population ages; and

WHEREAS, in Kansas over 17,000 Medicare beneficiaries suffered over 19,900 osteoporotic fractures in 2016; and

WHEREAS, an estimated 2,900 Kansans on Medicare suffered not just an initial fracture but also a subsequent fracture resulting in estimated costs of over \$71.6 million; and

WHEREAS, optimum bone health and prevention of osteoporosis can be maximized by a balanced diet rich in calcium and vitamin D, weight-bearing and muscle-strengthening exercise, and a healthy lifestyle with no smoking or excessive alcohol intake; and

WHEREAS, it is crucial that we raise awareness about bone health and osteoporosis among the public, health professionals and policy makers.

NOW, THEREFORE, I, Laura Kelly, GOVERNOR OF THE STATE OF KANSAS, do hereby proclaim May 2025, as

Osteoporosis Awareness and Prevention Month

in the state of Kansas and I urge all citizens to join in this observation.



DONE: At the Capitol in Topeka
under the Great Seal of
the State this 1st day of
May 2025

BY THE GOVERNOR:

Laura Kelly
Letta Schwab
Secretary of State
Sandy Tompkins
Assistant Secretary of State