

COMMONWEALTH OF PENNSYLVANIA



PROCLAMATION
BY THE
GOVERNOR

WHEREAS, an estimated 54 million Americans have osteoporosis or low bone mass, and studies suggest that approximately 1 in 2 women and up to 1 in 4 men age 50 and older will break a bone due to osteoporosis; and

WHEREAS, approximately 1.8 million Medicare beneficiaries suffered approximately 2.1 million osteoporotic fractures a year; and

WHEREAS, osteoporosis-related bone fractures are responsible for more hospitalizations than heart attacks, strokes, or breast cancer; and

WHEREAS, the total annual cost for osteoporotic fractures among Medicare beneficiaries was \$57 billion; and

WHEREAS, in Pennsylvania over 82,000 Medicare beneficiaries suffered over 97,000 osteoporotic fractures in 2016; and

WHEREAS, building strong bones begins in childhood and is essential to the prevention of osteoporosis; and

WHEREAS, the Bone Health and Osteoporosis Foundation works to improve patient care and support for those who have broken bones due to osteoporosis and to educate the public to prevent osteoporosis and promote strong bones for life; and

WHEREAS, it is crucial that we raise awareness about bone health and osteoporosis among the public, health professionals and policy makers; and

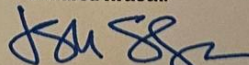
THEREFORE, I, Josh Shapiro, Governor of the Commonwealth of Pennsylvania, do hereby proclaim May 2026 to be

OSTEOPOROSIS AWARENESS AND PREVENTION MONTH

and I encourage all Pennsylvanians to observe good health programs and activities, and recognize the value and importance of preventing and controlling osteoporosis.



GIVEN under my hand and the Seal of the Governor, at the City of Harrisburg, on this thirteenth day of April two thousand twenty-six, the year of the Commonwealth the two hundred fiftieth.


Governor Josh Shapiro