

STATE of WISCONSIN



OFFICE of the GOVERNOR

Proclamation

WHEREAS; millions of Americans have osteoporosis or low bone mass, and research suggests that about one in five women and one in 20 men aged 50 and older are affected by the disease; and

WHEREAS; osteoporosis and fractures are not a foregone conclusion of aging, and while it is often referred to as a silent disease, it can be prevented with lifestyle changes like a balanced, vitamin-rich diet and regular weight-bearing, muscle-strengthening exercise; and

WHEREAS; timely bone health screening, diagnosis, and treatment can also help prevent osteoporotic fractures and subsequent related hospitalizations and nursing home stays, as well as comprehensive, cost-effective post-fracture care, which can reduce repeat fractures in individuals impacted by the disease; and

WHEREAS; this month, the state of Wisconsin joins individuals living with osteoporosis and their loved ones in encouraging all Wisconsinites to learn about osteoporosis risk factors and prevention strategies and to take the appropriate steps to maximize their bone health;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim May 2026 as

OSTEOPOROSIS AWARENESS AND PREVENTION MONTH

throughout the State of Wisconsin, and I commend this observance
to all our state's residents.



IN TESTIMONY WHEREOF, I have
hereunto set my hand and caused the
Great Seal of the State of Wisconsin
to be affixed. Done at the Capitol in
the City of Madison this 23rd day
of April 2026.

TONY EVERS
GOVERNOR

By the Governor:

SARAH GODLEWSKI
Secretary of State