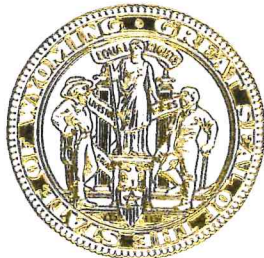


Governor's Proclamation



OSTEOPOROSIS AWARENESS AND PREVENTION MONTH

*State of Wyoming
By the Governor*

WHEREAS, an estimated 54 million Americans have osteoporosis or low bone mass, and studies suggest that approximately 1 in 2 women and up to 1 in 4 men age 50 and older will break a bone due to osteoporosis; and

WHEREAS, in Wyoming more than 3,000 Medicare beneficiaries suffered over 3,600 osteoporotic fractures; and

WHEREAS, an estimated 600 Wyomingites on Medicare suffered not just an initial fracture but also a subsequent fracture resulting in estimated costs of over \$15.8 million; and

WHEREAS, osteoporosis and the broken bones it can cause are not part of normal aging. Building strong bones begins in childhood and is essential to the prevention of osteoporosis care for our bones is important throughout our lives, but we reach our peak bone mass by early adulthood; and

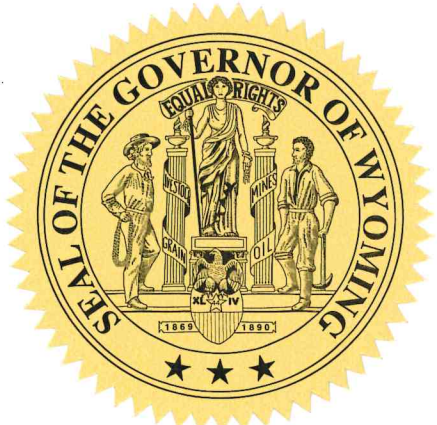
WHEREAS, optimum bone health and prevention of osteoporosis can be maximized by a balanced diet rich in calcium and vitamin D, weight-bearing and muscle-strengthening exercise, and a healthy lifestyle with no smoking or excessive alcohol intake.

NOW, THEREFORE, I, MARK GORDON, Governor of the State of Wyoming, do hereby proclaim the month of May 2026, to be

Osteoporosis Awareness and Prevention Month

in Wyoming, and encourage observation of appropriate good health programs and activities with respect to promoting good bone health through the lifetime and preventing and controlling osteoporosis.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Executive Seal of the Governor of Wyoming to be affixed this 24th day of April 2026.



A handwritten signature in blue ink, reading "Mark Gordon".

The Honorable Mark Gordon
33rd Governor of the Great State of Wyoming